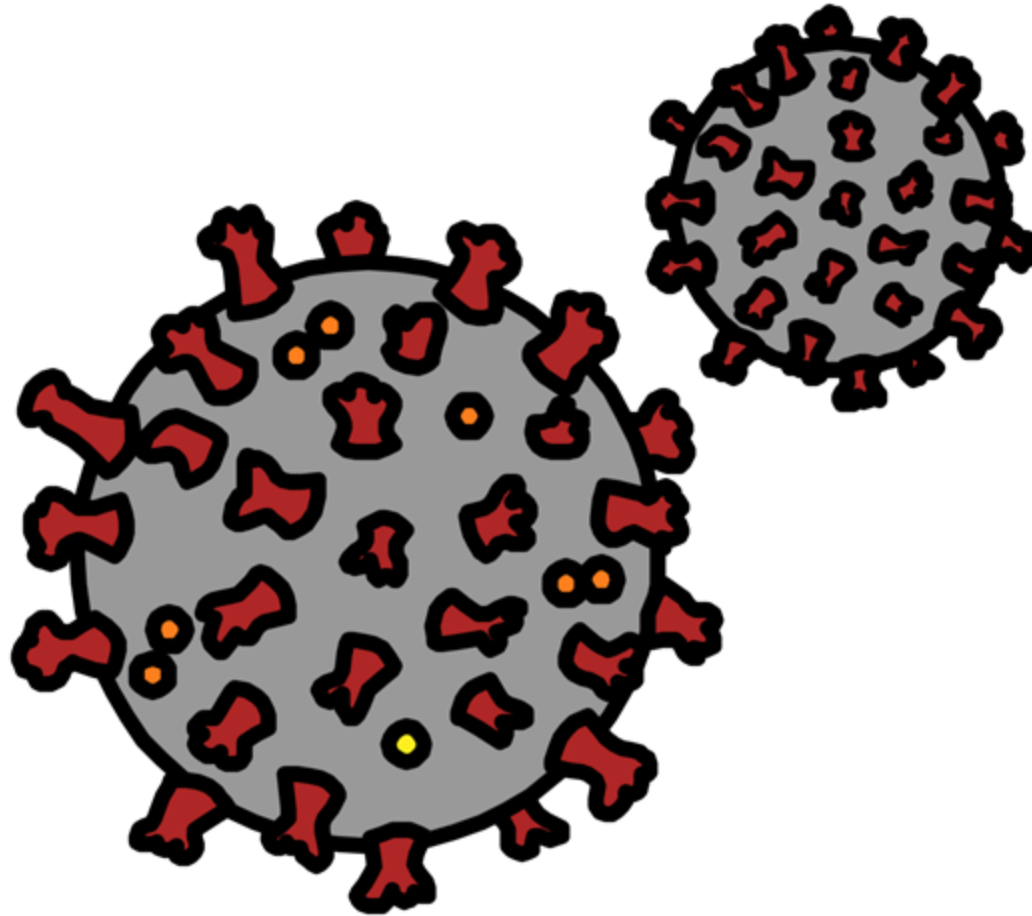


Physical Distancing

I like to do things with friends and family.

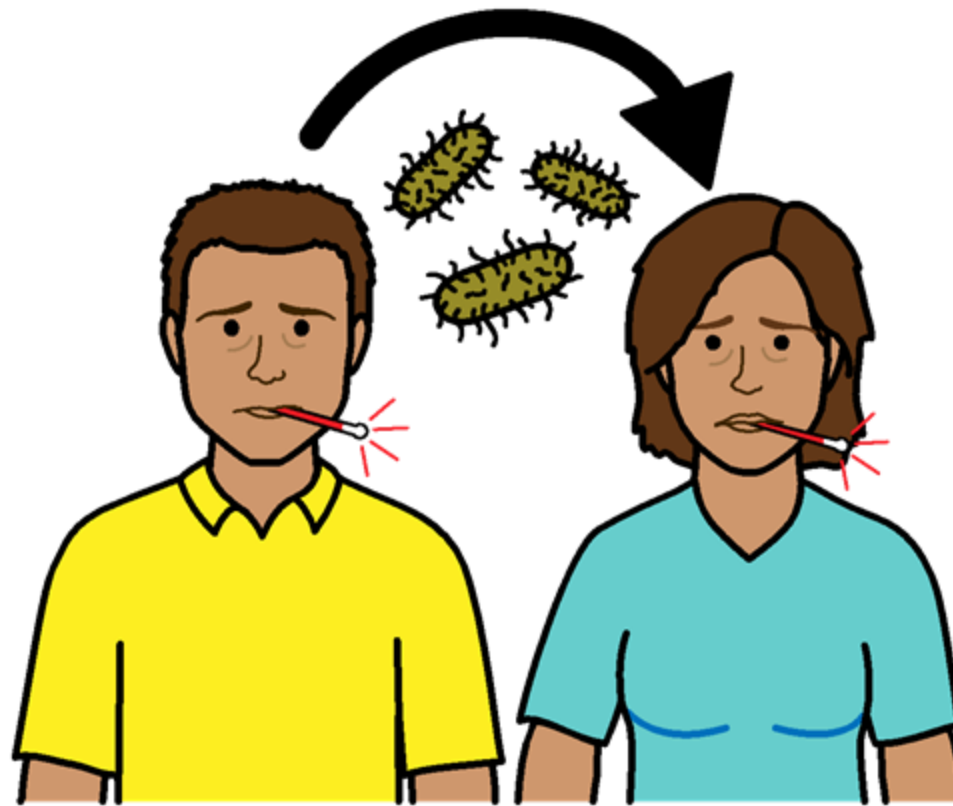




But right now, I need to stay away from people I don't live with. This is because of the Coronavirus or Covid19 for short.

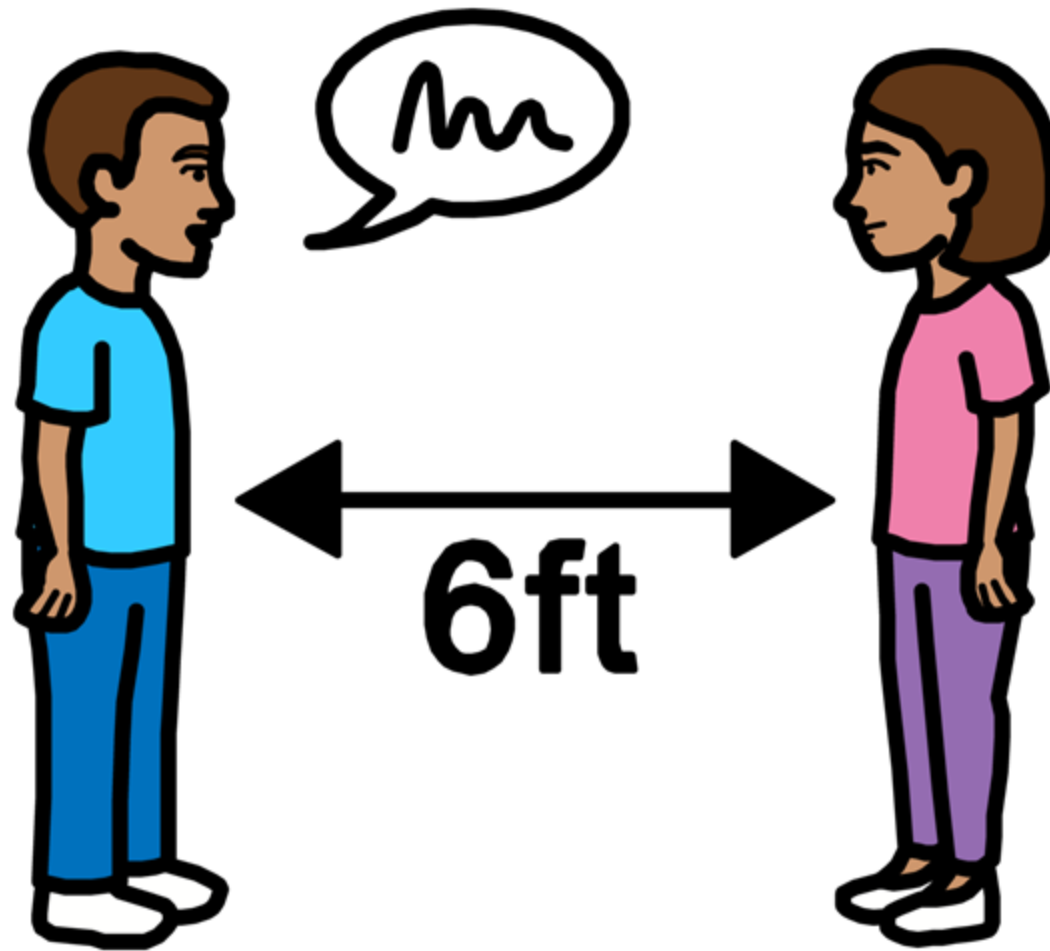
The Coronavirus is making people sick all over the world.

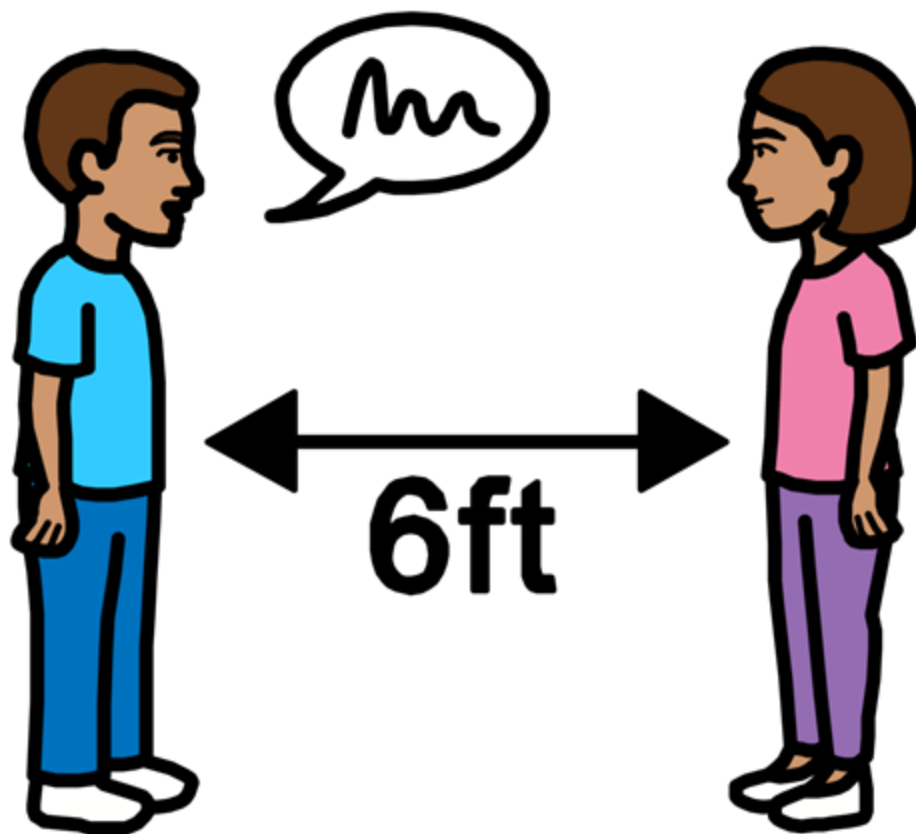




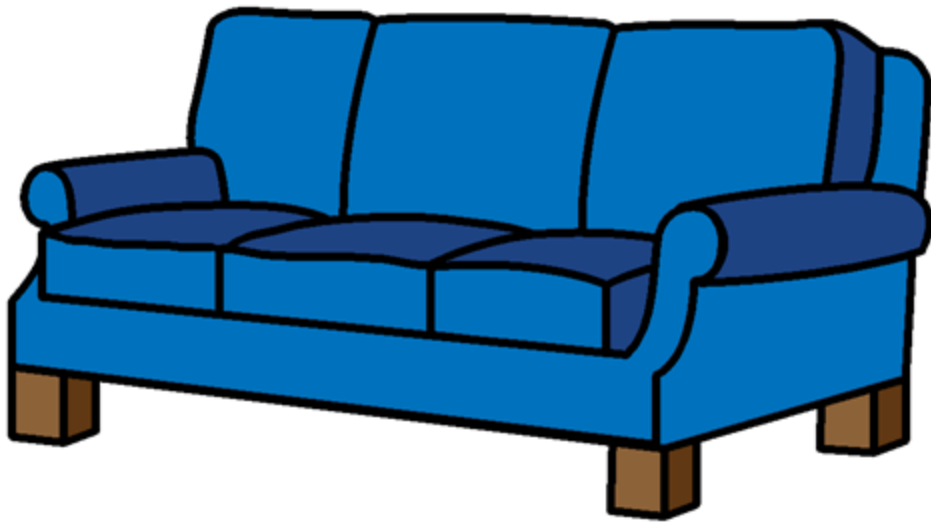
Covid19 is very contagious. This means we can catch it from other people.

To keep my family and friends safe and healthy, I need to practice physical distancing.





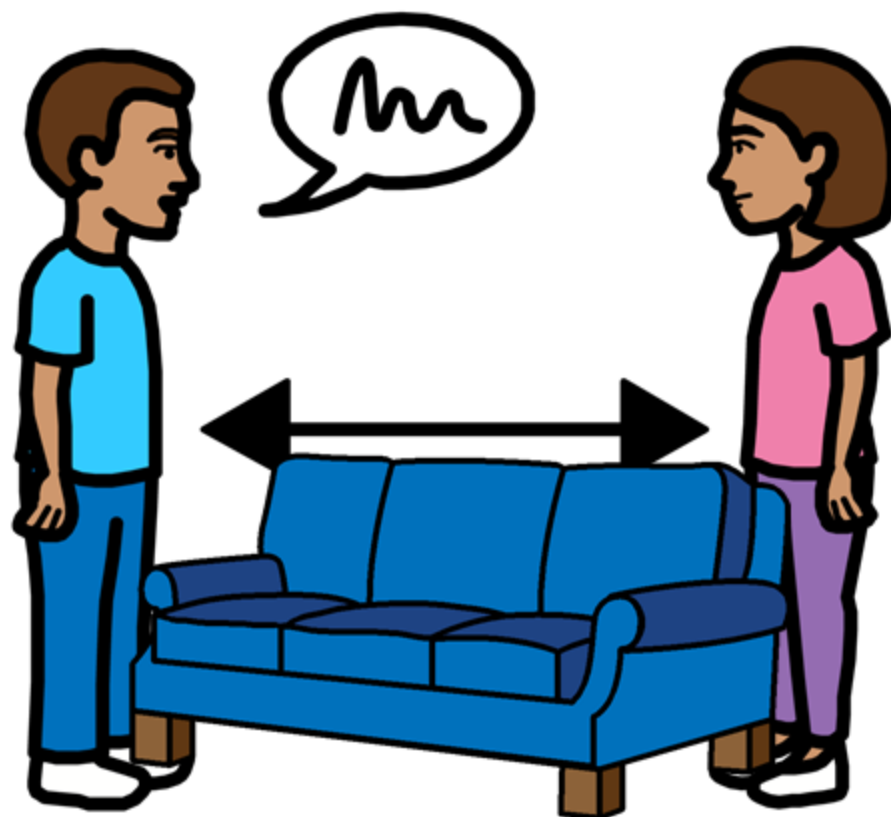
One way to practice physical distancing is to keep 6 feet away from someone I do not live with.



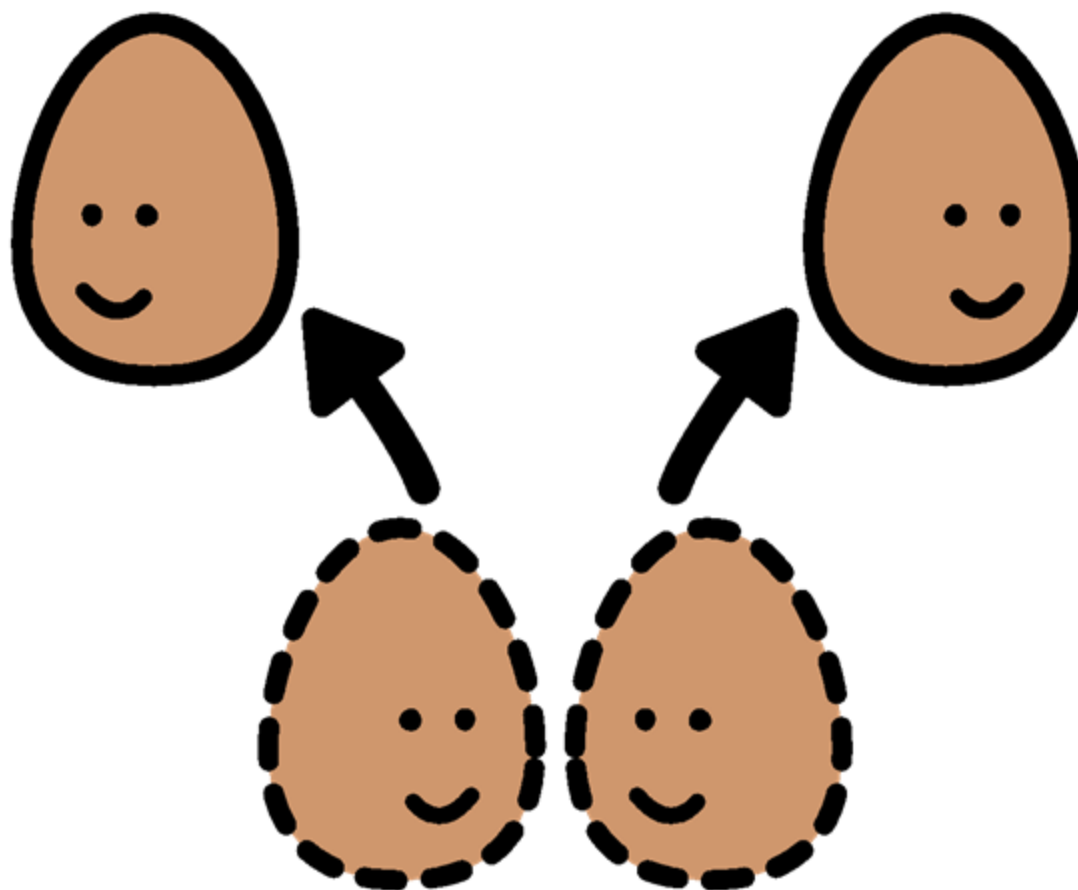
6 feet is as big as a couch that fits 3 people.



I can pretend there is a couch between me and the other person. This way I will know I am far enough away. This is physical distancing.



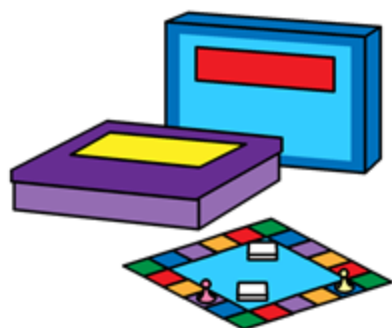
Physical distancing also means taking a break from group activities and seeing our friends.





Another way to practice physical distancing is to stay home as much as possible.

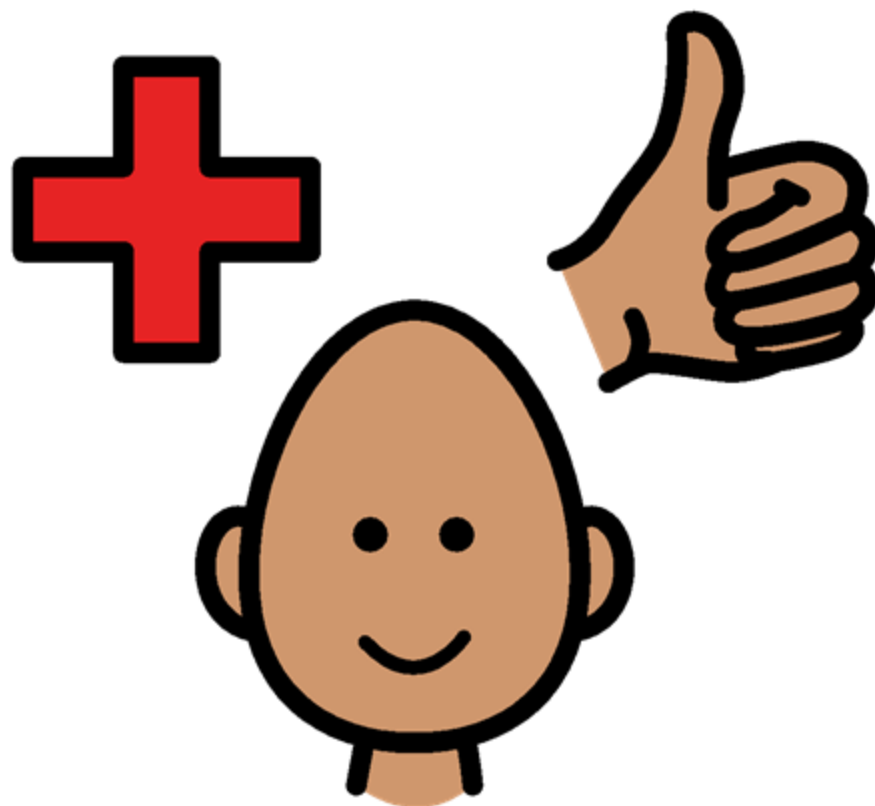
I can read, exercise, play games, and help around the house.





I can do the school work my teachers assign.

When we all practice physical distancing, we can help keep people safe.





When the time for physical distancing is over, we can see our friends and other family members again. It will be great to spend time with them!